

August 2024 Learning Connect eNewsletter

FREE Employee Development Trainings

All Employee Trainings

Increasing Resiliency and Maintaining Momentum In-person September 11, 2024 8:30 a.m. to 12:00 p.m.



Manager and Supervisor Trainings

Conflict Management for Leaders In-person August 7, 2024 8:30 a.m. to 12:00 p.m.

Empowering Supervisors to Ignite Employee Motivation In-person September 5, 2024 8:30 a.m. to 12:00 p.m.

Simple Tools for Successful New Supervisors Webinar September 17, 2024 9:00 a.m. to 11:00 a.m.

Emotionally Intelligent Leadership for Managers In-person September 19, 2024 8:30 a.m. to 12:00 p.m.

<u>Solve It! Critical Thinking for</u> <u>Creative Problem Solving</u> Webinar

September 24, 2024 9:00 a.m. to 11:00 a.m.

Psychological Safety

Webinar September 26, 2024 9:00 a.m. to 11:00 a.m.

sccLearn Web-Based Trainings



If you cannot attend any of our live trainings, do not worry!

Click on the following link for a list of recommended web-based trainings in sccLearn we hope you find valuable.

Wellness

Wellness Habits to Support Your Daily Routine



Celebrate National Wellness Month by taking your breaks during the workday and practicing self-care to refocus, energize, and feel better. Participate in the <u>Take</u> <u>Time Challenge</u>, download the Activity Log, and track your breaks and lunches throughout the month of August for a chance to win fun prizes!



Check out the following <u>Health and</u> <u>Wellness webinars</u> to build habits that will last through National Wellness Month and beyond: "Breakfast and Snacks for the Busy Family," "Rise and Shine: Sleep Health," and "Adverse Childhood Experiences." These webinars are live and free for County employees. Plus, support your emotional wellness with 24/7 services from <u>Concern Health</u> <u>EAP</u>: counseling and coaching, in-themoment support, work-life resources, and guided mindfulness. View this month's <u>recorded webinar</u>, <u>"Did You</u> <u>Hear Me? Active Listening as a Key to</u> <u>Success</u>," to help you thrive at work and in your personal life (use company code: SCCGOV).





County of Santa Clara 2310 North First Street Suite 102 San Jose, CA 95131





Learning Connect SharePoint Site